



Emergence Health Network



For Immediate Release
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Emergence Health Network and First Light Federal Credit Union Partner to Unveil El Paso's First Ever Mobile Mental & Financial Health Learning Center

(El Paso, TX February 2026) Emergence Health Network (EHN), in partnership with First Light Federal Credit Union, is proud to announce the launch of El Paso's first-of-its-kind Mobile Health Learning Center which is an innovated "learning center" on wheels designed to support the emotional and financial well-being of our community.

"This initiative allows us to literally hit the road and travel throughout El Paso County, bringing essential mental health resources and engaging, interactive learning experiences directly to our residents," said Kristi Daugherty, Chief Executive Officer of Emergence Health Network. "This unique partnership will help strengthen not only the mental health of our community, but financial well-being as well."

Many residents may not realize how closely financial stress and mental health are connected. Concerns about paying bills or managing debt can keep the body in a constant state of "fight-or-flight," leading to anxiety, panic attacks, irritability, and difficulty relaxing even when no immediate crisis exists. Feeling financially stuck can also contribute to a sense of hopelessness or loss of control which are common features of depression.

"Money worries can take a significant toll on individuals and often surface at night, disrupting sleep," added Daugherty. "Poor sleep can then worsen anxiety, mood changes, and difficulty concentrating. That's why this partnership is so important."

The Mobile Mental Health Learning Center will feature an interactive space equipped with hands-on games, virtual reality experiences that encourage movement and guided meditation activities and much more! In addition, experts from First Light Federal Credit Union will provide valuable information and resources to help community members build financial stability and achieve long-term financial well-being.

Unveiling of Mobile Learning Center

When: Wednesday, February 11, 2026

Time: 11 am

Where: First Light Federal Credit Union

Kenworthy Engagement Center

9993 Kenworthy Street

El Paso, TX 79924