



Emergence Health Network

El Paso Center for Mental Health/Intellectual Disabilities

For Immediate Release
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EHN Creates “Play Therapy” Room to Assist Children with Behavioral Health Needs

Great Visuals



(El Paso, TX May 2019) Emergence Health Network (EHN) is proud to announce the opening of its second “Play Therapy” room developed to serve children involved in its Children and Adolescent Mental Health Program. “EHN recently received a \$5,000 grant from Superior Health Network which was very helpful in getting the necessary materials for the room such as appropriate toys, art supplies, sand and sand trays,” said Kristi Daugherty, EHN Chief Executive Officer. “It is such an exciting opportunity to better serve our community because this allows us to provide a different, innovate approach to therapy. Specifically, this type of therapy provides a way for children to express their experiences and feeling through a natural, self-guided, self-healing process.”

Play Therapy is typically used to help children under the age of 12 to help revolve stress, trauma or behavioral issues, however with a growing number of different therapeutic approached within play therapy, it can be used for children of all ages. “Play Therapy is a powerful tool used for addressing cognitive, behavioral, and emotional challenges that children may be dealing with,” added Jessica Andrews, EHN Director of Clinical Services. “Our Licensed Professional Counselors at EHN are trained in this area and utilize this approach to help their young clients better process their experiences and develop effective ways for managing their worlds, which can be difficult for young minds. This is also very beneficial for the parents of this kids.”

EHN Child Play Room Therapy

When: Wednesday, May 22, 2019

Where: EHN Child and Adolescent Mental Health Clinic
8500 Boeing Dr.

Time: 9:00 am – 10:00 am