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## ONE San Jacinto Plaza Building Downtown Goes Green In Recognition of Mental Health Awareness Month

(El Paso, TX May 2019) Emergence Health Network (EHN) has teamed up with Borderplex Realty Trust and the ONE San Jacinto Building to light up a portion of downtown El Paso in recognition of May as Mental Health Awareness Month. "Green is the symbolic color associated with mental health awareness so what better way to bring mindfulness to this important issue in our community, than to light up part of downtown El Paso green," said Noreen Jaramillo, EHN Director of Communications. "As the largest mental health provider in El Paso we have 19 locations throughout our community and our administrative office is located inside the ONE San Jacinto Plaza building. We were thrilled when we found out that Borderplex Realty Trust would help us shed some literal light on this cause by lighting the building green."

EHN would like to encourage the El Paso community to talk about mental health and the mental wellbeing of their family and friends. "When you are driving downtown and see the green lights discuss it. Ask your teens in the car and your parents who you are driving with, about their emotions," Jaramillo added. "Talk about suicide prevention and depression. Find out if they are feeling stressed and anxious about anything and more importantly talk about how it's okay discuss it and how counseling and treatment are available. Those conversations can save lives!

Mental illness impacts 1 in every 4 adults. For children aged 3-17, approximately 4.5 million have a diagnosed behavior problem. "The mental wellbeing of our community is important, so this is a great time to start that conversion about seeking treatment for a behavioral problem," said Kristi Daugherty, EHN CEO. "In El Paso, several agencies offer programs to help children, adults and the elderly, but the challenge is getting an individual to seek help. Mental health is just like any other medical condition. The sooner you get treatment for the diagnosis, the better the outcome."

## **ONE San Jacinto Plaza Building Downtown Goes GREEN**

When: Wednesday, May 1st – Sunday, May 12th Sunday, May 19<sup>th</sup> – Friday, May 24<sup>th</sup>

Where: One San Jacinto Plaza Downtown

201 East Main Street