




Emergence Health Network

El Paso Center for Mental Health/Intellectual Disabilities

For Immediate Release
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Emergence Health Network Launches Free Community Mental Health Courses

Grief Management, Suicide Prevention, Stress Management, Anxiety
Management, Self-Harm Prevention

(TX August 2019) It is estimated that one in four people in the United States will experience a serious mental or substance abuse condition in their lifetime. “These types of conditions not only impact the individual, but can also affect their families, friends and our community as a whole,” said Kristi Daugherty, Emergence Health Network CEO. “EHN, together with The Paso Del Norte Health Foundation want our community to be informed with the knowledge on how to recognize the signs of a mental illness and most importantly how to get help.”

Keynote speakers include Andrew Jenson who is a former professional golfer who will share this struggle with mental illness and suicide while on the PGA Tour. Joshua Wayne is a nationally renowned speaker and Director of Special Education at the District of Columbia Public Schools. He works with communities helping today’s kids become the successful adults of tomorrow.

The Mental Health Learning Library is designed to increase mental health education and training through free one-hour courses to businesses, school districts, church groups and anyone who wants to learn more about topics such as:

- Suicide Prevention
- Grief Management
- Self-Harm Prevention
- Anxiety Management
- Mental Health First Aid
- Stress Management

Mental Health Learning Library Community Launch Event

When: Wednesday, August 14, 2019
Where: Double Tree Hotel, Franklin Ballroom
600 N. El Paso St. Downtown
Time: 4:30 pm – 6:30 pm