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## Emergence Health Network Hosts FREE Community Mental Health Lifesaver Rally

## ~ Learn the signs, Learn Responses, Be a Lifesaver ~

Award winning, global speakers share personal experiences with mental illness

(July 2018) El Paso residents are invited to participate in a community effort to increase mental health awareness and learn how to help an individual experiencing a mental health crisis. "Just about everyone can feel overwhelmed at times, maybe even feel anxiety, depression or deal with a wide range of situations they can't coping with. Some people could be thinking about ending their life," said Kristi Daugherty, CEO Emergence Health Network. "That is why events such as the EHN Lifesaver Rally are so important to have when addressing the behavioral health of our community."

World renowned speakers will share their stories of how mental illness has impacted their lives in hopes that they can positively impact other lives. "We are very excited about our guest speakers who are traveling to El Paso to share their inspiring stories," said Noreen Jaramillo, Emergence Health Network Director of Communications. "Kevin Hines is an award-winning bestselling author and filmmakers who talks about his experience with Bipolar Disorder and surviving a suicide attempt off the Gold Gate Bridge. Mark Lukach is the author of the international bestselling memoir of his young marriage that was impacted by his wife's battle with mental illness. We are honored to have them here."

Emergence Health Network (EHN) in collaboration with the Paso Del Norte Health Foundation is offering this FREE community event for anyone interested in learning more about mental illness and how to assist an individual in need.

## **Mental Health Lifesaver Rally**

When: Friday, July 20, 2018 Time: 9 am – 2 pm Registration at 8:30 am Where: Alamo Draft House Cinema 250 Monticello Blvd.