



Emergence Health Network

El Paso Center for Mental Health/Intellectual Disabilities

For Immediate Release
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Emergence Health Network Offers Mental Health First Aid Training to El Paso Community

(February 2018) If someone was having a heart attack, what would you do? Hopefully you would be trained in CPR and be able to stabilize that person until an ambulance arrived. That is also the goal of Mental Health First Aid (MHFA) which is now being offered in the Borderland area. Emergence Health Network (EHN) in collaboration with the Paso Del Norte Health Foundation is offering MHFA training to area schools, organizations and anyone interested in learning more about mental illness and how to identify and respond to an individual in a mental health crisis.

“This is an important tool to have when addressing the needs of our community. You don’t have to have a mental health diagnosis to experience a mental health crisis. Anyone can feel overwhelmed, anxiety, depression and deal with a wide range of situations that they are having a hard time coping with,” said Kristi Daugherty, CEO Emergence Health Network. “That is why we encourage our community to take advantage of this FREE important training.”

Anyone interested in setting up a training course for their organization or to attend a training class – can reach out to our Emergence Health Network Mental Health First Aid Coordinator at mfha@ehnel Paso.org or call 915-227-4480.