



Emergence Health Network

El Paso Center for Mental Health/Intellectual Disabilities

For Immediate Release
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Emergence Health Network offers help for Individuals Struggling with Eating Disorders

Eating disorders have the highest fatality rate of any mental illness

(El Paso, Texas February, 2018) Did you know that an estimated 30 million Americans are impacted by an eating disorder? It's estimated that more than 800,000 of them are in Texas! At Emergence Health Network (EHN) our licensed clinicians are trained in several therapeutic approaches to serve those in our community who are dealing with an eating disorder. "Eating disorders are serious illnesses that can result in devastating physical and psychological suffering for the person who is struggling with it. In fact, eating disorders have the highest fatality rate of any mental illness," said Celeste Nevarez, EHN Licensed Professional Counselor. "

National Eating Disorders Awareness Week is February 26, 2018 – Sunday March 4, 2018. "This week, EHN wants to stress the importance of getting help because often people with eating disorders deny or don't realize there is a problem," said Noreen Jaramillo, EHN Director of Communications. "That's why we need to get the word out and let people know that the chance for recovery increases the earlier an eating disorder is detected."

National Eating Disorders Awareness Week

February 26th – March 4th

Media Interviews Available

Warning Signs

- Constantly thinking about food, weight, or body image
- Experience guilt or shame around eating
- Feel out of control when it comes to food
- Bing eat twice a week or more
- Still feel fat when others say you are thin
- You weigh yourself several times daily
- Vomit after eating
- Uses of laxatives or diuretics to keep weight down
- Severely limit food intake