



Emergence Health Network

El Paso Center for Mental Health/Intellectual Disabilities

For Immediate Release
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EHN's Veterans One Stop Center Hosts Veteran's Mental Health First Aid Training

(El Paso, TX January 2019) Emergence Health Network (EHN), is hosting a free Veteran's Mental Health First Aid Training today, Thursday January 24, 2019. Participants will learn how to help veterans who may be dealing with such issues as anxiety, depression, post-traumatic stress disorder (PTSD), schizophrenia, bipolar disorder and/or substance use disorders. "This particular course is geared towards veterans and the experiences they deal with in the military, but it's not only helpful to them but also their families," said Noreen Jaramillo, EHN Director of Communications.

If someone was having a heart attack, what would you do? Hopefully you would be trained in CPR and be able to stabilize that person until an ambulance arrived. That is also the goal of Mental Health First Aid, to educate our community on how to recognize the signs of when an individual is experiencing a mental health crisis and needs help.

Veterans' Mental Health First Aid Training

When: Thursday, January 24, 2019

Where: EHN Veteran's One Stop Center

9565 Diana Dr. El Paso TX 79924

Time: 10 am – 4 pm