



Emergence Health Network

El Paso Center for Mental Health/Intellectual Disabilities

CLINICAL SUPPORT SERVICES DEPARTMENT

PEER SUPPORT SPECIALIST LED GROUPS

Mondays

Hearing Voice Network USA

1:00 p.m. - 2:30 p.m.

Central Outpatient Clinic: 1551 Montana, 2nd Floor

A place where people can meet to talk about their voices, visions, and other unique or extreme experiences without fear of judgment.

Breathe: Coping Skills for Recovery

2:00p.m. - 3:00p.m.

East Valley Outpatient Clinic: 2400 Trawood Dr, 3rd Floor Suite 301-A

Learn coping skills to help maintain a healthy recovery.

Anger Management

3:00p.m. - 4:30p.m.

Central Outpatient Clinic: 1551 Montana, 2nd Floor

Learn how to appropriately express and cope with conflicted emotions

Wednesdays

Together in Recovery

11:30a.m. - 1:00p.m.

Central Outpatient Clinic: 1551 Montana, 2nd Floor

Share in a safe group discussion about different topics that help us cope with our symptoms.

Thursdays

Uniquely Me

10:00 a.m. - 11:30 p.m.

Central Outpatient Clinic: 1551 Montana, 2nd Floor

Open group discussion about different topics that help us get through our daily struggles

Fridays

The Mind Unleashed

11:30 a.m. - 1:00 p.m.

Central Outpatient Clinic: 1551 Montana, 2nd Floor

Open discussions about the mind and the study of mental illness within the philosophy of recovery

Drawn to Art

1:00 p.m. - 2:30 p.m.

Central Outpatient Clinic: 1551 Montana, 2nd Floor

Join us for arts and crafts!



PEER SUPPORT

Contact Information for Peer Support Specialists

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