



# Emergence Health Network

El Paso Center for Mental Health/Intellectual Disabilities

For Immediate Release  
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## Emergence Health Network Celebrates Mental Health Recovery Month “How Art Heals Me” Art Gallery

(El Paso, TX September 2018) September is National Recovery Month and Emergence Health Network is inviting the public to help celebrate recovery through the “How Art Heals Me” Art Gallery. “At EHN we are committed to meeting the behavioral health needs of the thousands of individuals and families in our city who have a mental illness and that commitment includes helping our community understand what mental illness is,” said Kristi Daugherty, CEO EHN. “Thanks to art, which is a form of therapy, we can see what mental illness and the recovery process looks like through the eyes of an individual who is directly impacted.”

Activities include a walk through gallery, live music, food trucks, games and much more! “We have a lot planned for the community because we know the importance of awareness. We are also excited about our guest speaker, Patricia Reyes. She is a local artist who is celebrating her own mental health recovery,” added Celeste Nevarez, EHN Licensed Professional Counselor.

### **Media Preview**

**When:** Friday, September 28, 2018

**Where:** Alternatives at EHN

7760 Alabama Street

**Time:** 11 am – 2 pm

### **“How Art Heals Me” Art Gallery**

**When:** Friday, September 28, 2018

**Where:** Alternatives at EHN

7760 Alabama Street

**Time:** 4 pm - 7 pm